

MACRAMÉ WALL HANGING

Hygge the Winter Away

THE KNOTS

Reverse Lark's Head Knot



Square Knot



STEP ONE — ATTACH CORD TO DOWEL

Overview – Attach all six of your lengths of cord to the dowel rod, using the Reverse Lark's Head Knot.

1. Fold one length of cord in half (keeping the ends even) and place it over the dowel.

- 2. Bring the cord ends through the loop.
- 3. Pull the cord ends to secure the knot.
- 4. You'll want to adjust your knot to make your ends as even as possible.
- 5. Repeat, so all your cords are attached to the dowel.



This is how your project should look before beginning the next knot

PAUSE FOR THE CAUSE

Take a moment to straighten out your ropes

- Tape down your dowels (if you want)
- Line up your scrap piece of paper at the top of your project, number the cords from 1 12, starting on the left hand side

STEP TWO — ROW ONE

Time to make a <u>square knot</u>!

Start by grouping your cords together. Group 1-4, 5-8, and 9-12

1. Cords 1 & 4 are the working cords and 2 & 3 are filler cords. Bring Cord 1 over the filler cords and under Cord 4.

2. Bring Cord 4 under the filler cords and back up between cords 1 and 2 to lay over Cord 1.

3. Bring Cord 1 back over the filler cords and under Cord 4.

4. Now bring Cord 4 under the filler cords and back up between Cords 3 and 1, and pull the working cords to tighten the knot.



This is how your project should look after row one.

STEP THREE - ROW TWO ALTERNATING SQUARE KNOT PATTERN

1. Line up your cords to correspond with your numbers.

- 2. Move 1-2 and 11-12 away from the center of your project.
- 3. Repeat Row 1 but do so with Cords 3-6 and Cords 7-10.



This is what how your second row should look.

STEP 3 — REPEAT THE PATTERN

You will now repeat the pattern alternating between Rows 1 and 2 until your project is the desired length (or until you run out of rope).

1. Join cords -4, 5-8, and 9-12 to make row 3 (this makes 3 knots)

2. Join cords 3-6 and 7-10 to make row 4. (this makes 2 knots)



Does your project look like this?