

F.I.N.A.L.S

Could it *BE* any more stressful?



Sunday, May 1

5 – 10 p.m. | FREE CHAIR MASSAGES | second floor
Signup begins at 4:30 p.m. at the Access Services desk in the lobby.

10 p.m. | FREE PIZZA | LTC | Sponsored by the Alumni Association

Midnight – 6 a.m. | FREE TAXI RIDES | Vouchers for taxi rides can be picked up at the Access Services desk in Roesch Library or the Information Desk in Kennedy Union. Pickup location is the library driveway circle.

1 a.m. | FREE COFFEE AND TEA | LTC

Monday, May 2

All day | DE-STRESS WITH FREE COLORING PAGES AND CRAFTS

9 – 9:30 a.m. | GUIDED MEDITATION | Sponsored by the Counseling Center

2 p.m. | NESTLAY TOULOUSE COOKIES AND MILK | lobby

6 – 7 p.m. | THERAPY DOG IN THE KNOWLEDGE HUB | Willow

5 – 10 p.m. | FREE CHAIR MASSAGES | second floor
Signup begins at 4:30 p.m. at the Access Services desk in the lobby.

Midnight – 6 a.m. | FREE TAXI RIDES | Vouchers for taxi rides can be picked up at the Access Services desk in Roesch Library or the Information Desk in Kennedy Union. Pickup location is the library driveway circle.

1 a.m. | FREE COFFEE AND TEA | LTC



Tuesday, May 3

All day | DE-STRESS WITH FREE COLORING PAGES

11 a.m. | FRUIT-INFUSED WATER BAR | Sponsored by Community Wellness Services

3 – 3:30 p.m. | GUIDED MEDITATION | Sponsored by the Counseling Center

6 – 7 p.m. | THERAPY DOG IN THE KNOWLEDGE HUB | Baxter

5 – 10 p.m. | FREE CHAIR MASSAGES | second floor
Signup begins at 4:30 p.m. at the Access Services desk in the lobby.

Midnight – 6 a.m. | FREE TAXI RIDES | Vouchers for taxi rides can be picked up at the Access Services desk in Roesch Library or the Information Desk in Kennedy Union. Pickup location is the library driveway circle.

1 a.m. | FREE COFFEE AND TEA | LTC



Wednesday, May 4

All day | DE-STRESS WITH FREE COLORING PAGES

Noon – 12:30 p.m. | GUIDED MEDITATION | Sponsored by the Counseling Center

Midnight – 6 a.m. | FREE TAXI RIDES | Vouchers for taxi rides can be picked up at the Access Services desk in Roesch Library or the Information Desk in Kennedy Union. Pickup location is the library driveway circle.

1 a.m. | FREE COFFEE AND TEA | LTC



Thursday, May 5

All day | DE-STRESS WITH FREE COLORING PAGES

4 – 4:30 p.m. | GUIDED MEDITATION
Sponsored by the Counseling Center

1 a.m. | FREE COFFEE AND TEA | LTC

O.P.E.N. 24 HOURS