

## About this initiative

Parker Memorial Library, a branch of the Southern Oklahoma Library System, produced this resource for a grant project with Libraries Transforming Communities: Focus on Small and Rural Libraries, an initiative of the American Library Association (ALA) in collaboration with the Association for Rural & Small Libraries (ARSL). The purpose is to provide information for people experiencing homelessness and poverty.

If you know of any resource that is missing or incorrect, please contact the library so we can update this guide.

## Contact Us

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*Public Library Services for Carter, Atoka, Johnston, Love and Murray Counties*



# Finding Food in Sulphur



## RESOURCE LIST BY PARKER MEMORIAL LIBRARY

# Emergency Assistance

## Emergency Food Bank at INCA

**INCA Community Services**, 1216 W 9<sup>th</sup> Street, (580)352-3124

- Requires completed Intake Form
- Limit 1 box per family/individual per year

## Sulphur Ministerial Alliance

Led by Manny Cantu at Faith Center Church, (580)622-3114

- Offers a variety of emergency assistance, including food

## Crossway First Baptist Church

2108 W Broadway, (580)352-2550

- Offers food vouchers

# Food Pantry

## First United Methodist Church

2022 W. 14<sup>th</sup> Street, (580)622-3325

- Thursdays from 9 a.m. to noon
- Everyone welcome

# SNAP (Food Stamps)

## For computer/Internet access to fill out forms

**Parker Memorial Library**, 500 W Broadway, (580)634-2315

- Free public computers with library card or ID
- Librarian can help with questions about the computer

## For one-on-one assistance

**Murray County Health Department**, Josephine Gatewood, Community Health Worker, (405)862-6735, [Josephine.gatewood@health.ok.gov](mailto:Josephine.gatewood@health.ok.gov)

- Trained to help when there are problems with applying

## Department of Human Services

- Worker stationed at INCA on Tuesdays from 8 a.m. to 4 p.m.

# Senior Citizens

## Commodities Box

**First United Methodist Church**, 2022 W. 14<sup>th</sup> Street, (580)622-3325

- One per month
- Must be 60 or over

## Hot Lunch

**Senior Nutrition Center**, 728 Cambridge

- Open to anyone over 60

**Chickasaw Nation Senior Center**, 401 E. Oklahoma, (580)622-5490

- Must be Chickasaw Nation Citizen