About this initiative

Parker Memorial Library, a branch of the Southern Oklahoma Library System, produced this resource for a grant project with Libraries Transforming Communities: Focus on Small and Rural Libraries, an initiative of the American Library Association (ALA) in collaboration with the Association for Rural & Small Libraries (ARSL). The purpose is to provide information for people experiencing homelessness and poverty.

If you know of any resource that is missing or incorrect, please contact the library so we can update this guide.

Contact Us

500 W Broadway Ave.
Sulphur, OK 73086

Phone: (580)634-2315
Email: jlindsey@southernoklibrarysystem.org
Web: www.southernoklibrarysystem.org

Finding Food in Sulphur

RESOURCES LIST BY PARKER MEMORIAL LIBRARY
Emergency Assistance

Emergency Food Bank at INCA
INCA Community Services, 1216 W 9th Street, (580)352-3124
• Requires completed Intake Form
• Limit 1 box per family/individual per year

Sulphur Ministerial Alliance
Led by Manny Cantu at Faith Center Church, (580)622-3114
• Offers a variety of emergency assistance, including food

Crossway First Baptist Church
2108 W Broadway, (580)352-2550
• Offers food vouchers

Food Pantry
First United Methodist Church
2022 W. 14th Street, (580)622-3325
• Thursdays from 9 a.m. to noon
• Everyone welcome

SNAP (Food Stamps)
For computer/Internet access to fill out forms
Parker Memorial Library, 500 W Broadway, (580)634-2315
• Free public computers with library card or ID
• Librarian can help with questions about the computer

For one-on-one assistance
Murray County Health Department, Josephine Gatewood, Community Health Worker, (405)862-6735, Josephine.gatewood@health.ok.gov
• Trained to help when there are problems with applying

Department of Human Services
• Worker stationed at INCA on Tuesdays from 8 a.m. to 4 p.m.

Senior Citizens
Commodities Box
First United Methodist Church, 2022 W. 14th Street, (580)622-3325
• One per month
• Must be 60 or over

Hot Lunch
Senior Nutrition Center, 728 Cambridge
• Open to anyone over 60

Chickasaw Nation Senior Center, 401 E. Oklahoma, (580)622-5490
• Must be Chickasaw Nation Citizen