



Female Veterans Art Therapy Program

Thursdays, March 3-24, 4:00-5:00pm

Join us for a 4-week virtual art therapy program, led by local art instructor and veteran, Deidre Trudeau. Explore different art mediums, including watercolor, collage, and drawing, in a safe environment while connecting with other local veterans. A representative from Women Veterans Alliance will share their story and resources available through the organization.

- This program is open to all female veterans.
- No prior art experience is necessary.
- **Registration via Zoom is required. Visit <https://bit.ly/wvarttherapy> to register.**

WHILE SUPPLIES LAST: The first 20 registrants will receive a kit of art supplies to use throughout the program. Must be able to pick up kit from a Sacramento Public Library location. After you register, you will receive an email from Katie Ball with further information on how to retrieve a kit from your nearest Sacramento Public Library location.

This project was made possible in part by the Institute of Museum and Library Services (LG-12-19-0114).