

Health Central

Your Wellness
Resource Center
@ RPL



Meet Nurse Barb, RN!

Nurse Barb is our latest addition to Health Central! She has more than 35 years of nursing experience and can assess the following for you:

- Blood pressure
- Heart rate
- Glucose readings
- Body Mass Index (BMI)
- Eye chart readings

Nurse Barb's office hours for January:
Tuesdays & Thursdays, 11am-3pm in Health Central.

For more information call Health Central at 428-8110.



Central Library
of Rochester &
Monroe County
Monroe County Library System

Central Library of Rochester & Monroe County
Bausch & Lomb Public Library Building, 3rd Floor
115 South Avenue, Rochester, New York 14604

The Central Library is accessible to people with disabilities. To request specific accommodations, call 428-8304 ten days prior to program.