For more information, contact:

Nicole Gurreri, SNAP-Ed Nutrition Educator:

667-7171 or nicole.gurreri@healthyacadia.org.

Cooking Matters® Pop-Up Grocery Store Tour: Online!

A FREE virtual class, in collaboration with Ellsworth Public Library, to help you learn tips to stretch your food budget while choosing healthier options at the grocery store.

All Participants Receive a \$10 Hannaford Gift Card!

Date: Thursday, May 21, 2020

Time: 11:00 am − 12:00 pm

To Register: email Nicole Gurreri at

Nicole.gurreri@healthyacadia.org

